

To help the butterflies... Take part in Mission Monarch

Whether in the city or the countryside,
the important thing is that milkweed is present.

1 **Create your account now**
at [Mission monarche](#). So you'll be ready to participate!



2 **Find milkweed plants**

It's easy—they grow in many open areas, including parks, gardens, fields and alleyways. Besides common milkweed, several other species can be found in Canada.

Here are the most common:



Common milkweed
(*Asclepias syriaca*)



Swamp milkweed
(*Asclepias incarnata*)



Butterfly milkweed
(*Asclepias tuberosa*)



Poke milkweed
(*Asclepias exaltata*)



Showy milkweed
(*Asclepias speciosa*)

3 **Check for monarchs**

Carefully examine milkweed plants for monarch caterpillars. They may be found on or under the leaves, in the flowers and on the pods.

Be sure to look everywhere!



Egg (1 mm)



Caterpillar (2 to 45 mm)



Chrysalis (30 mm)



Butterfly (90 to 100 mm)

4 **Sign in to your [Mission monarche](#) account and record ALL your observations**

Even if you don't find any monarch life stages, record it as 0. This data is just as important for scientists.