

during the FOOD WASTE PREVENTION WEEK 2025



Food Waste Prevention Week 2025, April 7-13

Did you know that
about **ONE THIRD** of all
food produced for
people around the world
goes to waste?

**This is a huge amount, as big as
a mountain!**

Food waste is what happens in our homes
and in stores, restaurants, schools and
communities when we throw out perfectly
good food. Usually there's nothing wrong
with this food, but it's ending up in the
landfill, instead of our stomachs, because of
decisions we make.

It is time to celebrate youth efforts to
prevent and reduce wasted food! Become
a Young Food Hero during Food Waste
Prevention Week and help to make that
mountain smaller working together with
your troop! Find activities in the CEC Food
Matters Action Kit, do them and get badges
to share on social media!

Monday April 7

GROWER-CHEF: Earn
this virtual badge
by increasing your
food literacy, learning
how to grow food,
understanding its
value and learning
ways of cooking and
preparing food that
prevent and reduce
food waste – Kit
Activities #1 “From
Seed to Table” and #11
“Growing Food”

Tuesday April 8

INFLUENCER:
Earn this virtual
badge by making
posters, holding
events and
sharing what
you've learned
about preventing
food waste –
Kit Activities #3
“Celebrating ‘Ugly
Food’” and #13
“Ugly Food Heroes”

Wednesday April 9

SYSTEMS THINKER:
Earn this virtual badge
by helping building
systems that help
others prevent food
waste, from designing
bins and signage to
separating our waste
and starting composting,
to welcoming local
businesses into circular
systems thinking –
Activities #9 “Where does
it all go?” and #19 “What
to do with Food Waste”

Thursday April 10

FOOD INNOVATOR:
Earn this virtual
badge by learning
ways of using
food by-products
or preparing or
preserving food
that otherwise may
have gone to waste–
Kit Activities #6 and
#16 “Food Innovators”

Friday April 11

RESCUER:
Earn this virtual
badge by actively
rescuing food
from the waste
stream and
ensuring that
it gets eaten
– Kit Activities #4
“Secret Mission to
Save Food, Money
and the Planet”
and #14 “Agents
of Change”



COMMISSION FOR
ENVIRONMENTAL
COOPERATION

girl scouts
nation's capital

FOOD WASTE
Prevention
Week

Please note that if your troop wants to earn physical badges or patches in connection with completing these activities, a few options include the following:

- [Daisy Eco Learner Badge](#)
- [Daisy Use Resources Wisely Petal](#)
- [Brownie Eco Friend Badge](#)
- [Ambassador Eco Advocate Badge](#)
- [Senior Eco Explorer Badge](#)
- [Composting Fun Patch](#)



Each year, the food we waste costs the North American economy \$278 Billion US dollars and could have fed 260 million people!

THIS IS WHAT ELSE WE WASTE WHEN WE WASTE FOOD

39 MILLION M³ OF LANDFILL SPACE

equivalent to

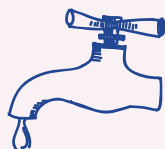


13 FOOTBALL STADIUMS

gets used up with our food waste each year

Enough water to fill

**7 MILLION OLYMPIC-SIZED
SWIMMING POOLS**

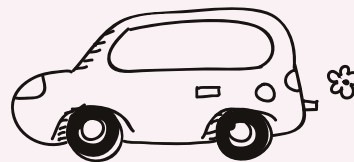


193 MILLION

tonnes of greenhouse gases emitted needlessly, the same as driving

41 million

cars continuously for a whole year



Watch our [videos](#), [sign up](#) today with your troop and share news and photos about your achievements with everyone in the anti-food waste community!

Learn more!

#ShrinkFoodWaste

#FoodMattersActionKit

#FoodWastePreventionWeek

